

WINTER
22-23

DRHS • Department of Recreation and Human Services

Winter Activities?
S'No Problem!

R GUIDE



 Malik D. Evans, Mayor



City of Rochester, NY
Rochester City Council

LOCATIONS AND AMENITIES

 Playground

 Outdoor Courts

 Indoor Pool

 Outdoor Pool

 Spray Park

 Gym

 Game Room

 Teen Lounge

 Fitness Center

 Computer Lab

 Meals

 Community Meeting Space

 Performance Space



Dr. Shirley JA Green
Commissioner

Contact Us
57 St. Paul St. • Rochester, NY
Phone: (585) 428-6755
9 a.m. to 5 p.m., weekdays

CLOSED FOR RENOVATION:

Adams: 85 Adams St. • 428-7266



Ave. D: 200 Ave. D • 428-7934

M-F, 2 – 9 p.m., Closed Sat.



Carter: 500 Carter St. • 428-7890

M-F, 2 – 9 p.m., Closed Sat.



Tyshaun Cauldwell: 524 Campbell St. • 428-7860

M-F, 2 – 9 p.m., Closed Sat.



Frederick Douglass: 999 South Ave. • 428-6015

M-F, 2 – 9 p.m., Closed Sat.



Edgerton: 41 Backus St. • 428-6769

M-F, 2 – 9 p.m., Closed Sat



David F. Gantt: 700 North St. • 428-7149

M-F, 10 a.m. – 9 p.m., Sat. 9:30 a.m. – 4:30 p.m.



Trenton & Pamela Jackson: 485 N. Clinton Ave.

428-7476 • M-F, 8 a.m. – 9 p.m., Sat. 9:30 a.m. – 4:30 p.m.



Willie W. Lightfoot: 271 Flint St. • 428-7001

M-F, 2 – 9 p.m., Sat. 9:30 a.m. – 4:30 p.m.



Thomas P. Ryan: 530 Webster Ave. • 428-7828

M-F, 2 – 9 p.m., Sat. 9:30 a.m.–4:30 p.m.



Roxie Sinkler R-Center: 75 Grover Street • 428-7827

M-F, 5 – 8 p.m.; every other Sat., 11 a.m. – 3 p.m.



Avenue D R-Center

200 Ave D., 428-7934



Youth Nature Activities

Earth Explorers: Ages 6-12. Focused on the City's Children's Outdoor Bill of Rights, activities include: hands-on nature & STEAM activities, kayaking, nature hikes, rock climbing, horseback riding, and more! Earth Explorers will also grow and harvest food at R-Center gardens. **Thurs., 4 – 5 p.m.**

Youth Development Program

R-Stars: Ages 5-12. The R-Stars Afterschool Program is a FREE open recreation program that provides a fun and nurturing afterschool environment for city of Rochester youth ages 5-12. Youth will participate in a variety of recreational activities to keep them safe and engaged after school. **Mon.-Fri., 2 – 6 p.m.**

R-Teens: Ages 13-18. R-Teens is a FREE open recreation afterschool program for ages 13-18. Enjoy sports & fitness activities, dance & step, gaming, socializing with friends, field trips, special events, and more! **Mon.-Fri., 2 – 6 p.m.**

Boys 2 Men Initiative: Ages 5-12. A group dedicated to empowering young men through programming that promotes brotherhood, cultivates leadership and supports young men to achieve their full potential. Activities include meetings, field trips, and city-wide gatherings. **Thurs., 6 – 7:30 p.m.**

Girls Empowered to Greatness: Ages 13-18. A group dedicated to empowering young women through programming that promotes sisterhood, cultivates leadership and supports young women to achieve their full potential. Activities include weekly meetings, field trips, and city-wide gatherings. **Thurs., 4 – 5 p.m.**

YVOV: Ages 8 -18. The R-Center's YVOV Leadership program is for youth in 7-12 grade. This youth-led experience strengthens leadership

skills and prepares youth for future opportunities. Members of the group govern over their particular R-Center and work together to tackle issues impacting their community. As a member of this leadership team, they will have an opportunity to join the YVOV Mayor's Youth Advisory Council's leadership committee. **Wed., 5 – 6 p.m.**

Youth Sports Program

Dance: Ages 8-18. Youth can express themselves through dance and be encouraged to share their skills via Tik Tok. **Tues. & Thurs., 4 – 5:30 p.m.**

Carter Street R-Center

500 Carter St., 428-7890



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Youth Sports Program

Soccer with Coach Eski: Is your son or daughter looking to learn how to play soccer or looking to improve their skills?

Thurs., 6 – 7:15 p.m., Ages 4 -10

Thurs., 7:15 – 8:30 p.m., Ages 4 -17

Education/Enrichment Program

Chef It Up: Ages 9-15. Join us for some cooking and recipe sharing. We will be making recipe books while learning how to make some basic meals.

Tues., 4 – 5 p.m

Willie W. Lightfoot R-Center 271 Flint St., 428-7001



Youth Nature Activities

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"Fade No More!": Ages 11-17. Don't quite know how to do laundry yet? Learn at the Willie W. Lightfoot R-Center. **Mon., 4 – 5 p.m.**

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R-Gaming

Game Day: Ages 6-17. Have some Friday Fun playing various games with staff and peers.

Fri., 3 – 4 p.m.

Youth Sports Program

Flag Football: Ages 6-15. Learn to play Flag Football with your peers. **Thurs., 3 – 4 p.m.**



Frederick Douglass R-Center 999 South Ave., 428-6015



Youth Development Program

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Robotics: Ages 9-17. If you're into the art of building robots and understanding the engineering behind it all, join our robotics team. Space is limited. **Tues., Thurs., & Fri., 5 – 7 p.m.**

Boys 2 Men Initiative: Ages 9-17. A group dedicated to empowering young men through programming that promotes brotherhood, cultivates leadership, and supports young men to achieve their full potential. Activities include weekly meetings, field trips, and city-wide gatherings.

Wed., 4 – 5 p.m.

Girls Empowered to Greatness: Ages 13-18. A group dedicated to empowering young women through programming that promotes sisterhood, cultivates leadership and supports young women to achieve their full potential. Activities include weekly meetings, field trips, and city-wide gatherings.

Tues., 4 – 5 p.m.

Learning Basic Spanish: Ages 6-17. Come learn some basic Spanish while playing interactive learning games. **Thurs., 4 – 5 p.m.**

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Fri., 3:15 – 4:15 p.m.

Youth Sports Program

Douglass Work Out: Ages 9-18. Get fit and get in shape at the Frederick Douglass R-Center for the winter season at no cost to you with motivated and fun staff as your work out partner.

Tues., Wed., and Fri., 4 - 5p.m.

Double Dutch: Ages 6-17. Join in on the fun of learning to Double Dutch at a beginner level with a group of fun and interactive people!

Mon., 4 - 5 p.m.

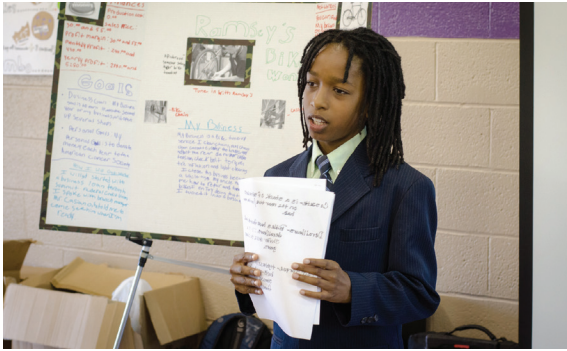
Adult Sports Program

Adult Fitness: Ages 17 and up. Why not end your day with a work out amongst your peers to feel empowered? Adult fitness with CG can help you do just that! **Thurs., 6 - 8 p.m.**

Women's Fitness: Ages 17 and up. Ladies, why not end your day with a work out amongst your peers to feel empowered? Adult women's fitness with Ms. Tamayia can help you do just that!

Wed., 6 – 7 p.m.





David F. Gantt R-Center 700 North St., 428-7149

Youth Development Program

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One Mic: Ages 12-18. Youth social and emotional development through workshops and thought provoking teen discussions. **Thurs., 6 – 7 p.m.**

Homework Help: Ages 6-18. Provide youth with educational assistance. **Mon.-Fri., 2 – 4 p.m.**

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Youth Sports Program

Roc Royals Step & Dance Team: Ages 9-18. The Roc Royals Step and Dance program develops young girl's talent while building self-worth and confidence. Program provides opportunities for youth to display their talents in showcases and competitions. **Mon., Wed., Fri., 6 – 8 p.m.**

Youth League Basketball: Ages 8-18. Basketball skill training, fitness and conditioning, and league game play. **Mon., Wed., Fri., 6 – 8 p.m.**

Adult Sports Program

Women Self Defense: Ages 17- Adult. A holistic approach of mind, body and will power. When these three essential attributes are in harmony, a participant can acquire the core knowledge of the martial art form known as Jiu Jitsu. **Wed., 6 – 7:30 p.m.**

Los Del Mambo Latin Dance: Ages youth–adult. The program creates and teaches original pieces of choreography inspired by music and sounds of Latin America. Participants will master and perform these dances in a theatrical production. **Tue., 6 – 7 p.m.**

Edgerton R-Center 41 Backus St., 428-6769



Youth Nature Activities

Earth Explorers: Ages 6-12. A nature-based program that immerses youth into the wonderful environment around them. Centered in the Children's Outdoor Bill of Rights, activities range from outdoor adventures such as; kayaking, nature hikes, rock climbing, horseback riding and more! Earth Explorers also grow and harvest food at R-Center gardens. **Wed., 4 – 5 p.m.**

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Boys 2 Men Initiative: Ages 9-17. A group dedicated to empowering young men through programming that promotes brotherhood, cultivates leadership and supports young men to achieve their full potential. Activities include weekly meetings, field trips, and city-wide gatherings.

Mon., 5:30 p.m.

Girls Empowered to Greatness: Ages 13-18. A group dedicated to empowering young women through programming that promotes sisterhood, cultivates leadership and supports young women to achieve their full potential. Activities include weekly meetings, field trips, and city-wide gatherings.

Mon., 5:30 p.m.

Youth Sports Program

Step: Age 9-16. A percussive, highly-energetic art form first developed through the song and dance rituals performed by African-American fraternities and sororities. In stepping, the body becomes an instrument, using footsteps, claps and spoken word to produce complex poly-rhythms. **Mon., Wed., Fri. 6 – 7 p.m.**

Adult Sports Programs

Xtreme Hip Hop Step: Designed to feel more like dancing than exercising, paired with fast tempo hip hop music. **Fri., 7 – 8 p.m.**



Trenton & Pamela Jackson R-Center 485 N. Clinton Ave., 428-7476

Youth Nature Activities

Earth Explorers: Ages 6-12. A nature-based program that immerses youth into the wonderful environment around them. Centered in the Children's Outdoor Bill of Rights, activities range from outdoor adventures such as; kayaking, nature hikes, rock climbing, horseback riding and more! Earth Explorers also grow and harvest food at R-Center gardens. **Tue., 4 – 5 p.m.**

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Thurs., 6 – 7:30 p.m.

Coding and Lego: Ages 7-18. Creating games and programs/robots. **Tue.-Thurs., 4 – 5:30 p.m.**

Education/ Enrichment Program

Homework Help: Ages 6-18. Provide youth with educational assistance. **Mon.-Fri., 2 – 3:45 p.m.**

Youth Sports

Soccer: Ages 7- Adult. **Thurs., 6 – 8:30 p.m.**

Girls Basketball Training: Ages 7- Adults. Women basketball training. **Thurs. 6 – 8:30 p.m.**

Biddy Basketball League: Ages 7-17. Youth are taught basketball basics. **Sat., 12 – 4 p.m.**

Weight Training: Ages 15-17. Learn to lift weights the right way. **Thurs., 6 – 8:30 p.m.**

Adult Sport Programs

Queens in Charge: Ages 18 and up. One of a kind combo class. Each session in this 6-week series will consist of a kickboxing workout followed by a health and nutrition class. **Wed., 6 – 7:30 p.m.**

Wheelchair Basketball: Ages youth - adult **Wed., 6 – 8:30 p.m.**



Thomas P. Ryan R-Center
530 Webster Ave., 428-7828

Youth Nature Activities

Earth Explorers: Ages 6-12. Centered in the Children's Outdoor Bill of Rights, activities range from outdoor adventures such as; kayaking, nature hikes, rock climbing, horseback riding and more! Earth Explorers also grow and harvest food at R-Center gardens. **Mon., 4 – 5 p.m.**

Youth Development Program

R- Stars: Ages 5-12. FREE open recreation program that provides a fun and nurturing afterschool environment for City of Rochester youth ages 5-12.

Youth will participate in a variety of recreational activities to keep them safe and engaged after school. **Mon.- Fri., 2 – 6 p.m.**

R-Teens: Ages 13-18. R-Teens is a FREE open recreation afterschool program for teens. Enjoy sports and fitness activities, dance and step, gaming, socializing with friends, field trips, special events and more! **Mon.-Fri., 2 – 6 p.m.**

Boys 2 Men Initiative: Ages 9-17. A group dedicated to empowering young men. Activities include weekly meetings, field trips, and city-wide gatherings. **Tue., 5 – 6 p.m.**

Girls Empowered to Greatness: Ages 13-18. A group dedicated to empowering young women. Activities include weekly meetings, field trips, and city-wide gatherings. **Wed., 5 – 6 p.m.**

YVOV: Ages 13-18. This youth-led experience strengthens leadership skills and prepares youth for future opportunities. Members of the group govern over their particular R-Center and work together on issues impacting their community. **Thurs., 5 – 6 p.m.**

R-Gaming

Wii Dance: Ages 5-12. Using the Nintendo Wii, and it's dancing games. Kids can get cardio exercise while having fun. **Tue., 5 – 6 p.m.**

Youth Sports Program

Girls ROC Sports: Ages 5-12. This all girls program will focus on fitness and the fundamentals of different sports, all while learning teamwork and goal setting skills. **Wed., 4 – 5 p.m.**

Dart League: Ages 13-18. Fun league for teens and young adults to participate in. **Mon. & Fri. 5 – 6 p.m.**

Adult Sports Programs

Women's Open Basketball: Ages 16 and up. **Thurs. 6 – 8 p.m.**



All programs run from December 5 – March 4 unless otherwise noted.



Tyshaun Cauldwell R-Center 524 Campbell St., 428-7860

Youth Development Program

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Wed., 5:30 p.m.

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Wed., 6 – 7:30 p.m.

Youth Sports Program

Dance: Ages 8-18. Express yourself through dance!

Fri. 4 – 5:30 p.m.



Roxie Ann Sinkler R-Center 75 Grover Street • 428-7827

Mentors Inspiring Boys and Girls (MIB&G)

Program: Ages 5 - 18. Cost is \$75 per month, scholarships are available for qualifying families

Mon.-Fri., 5 – 8 p.m.

Every other Sat., 11 a.m. – 3 p.m.

MIB&G program is an artistic social and cultural development program designed to help youth develop, and offers the following:

- **CREATIVE WRITING:** An outlet for youth to silently express their thoughts and feelings while making their voices heard.
- **STEP & DANCE:** A rising art form and an important part of our artistic and cultural heritage. It draws movement from African foot dances, originally conceived by miners in South Africa as an alternative to drumming, which was banned.
- **THEATER:** Youth will be introduced to acting styles designed to improve confidence, creative thinking, self-expression, communication, leadership and interpersonal skills.
- **VISUAL ARTS:** The language of visual arts is feeling, emotion, intuition, and forming ideas without words. The visual arts can help give meaning to what seems meaningless and help capture or recapture feelings and experiences.
- **YOUTH/FAMILY SOCIALS:** Enjoy extracurricular opportunities such as talent shows, dances, socials, youth karaoke, etc.
- **YOUTH/FAMILY WORKSHOPS:** Offered by community partners such as Brothers Under-Construction, Roots, Women Helping Girls, etc. These workshops will address personal and community issues we face in our daily lives, and will provide support and solutions.

Youth Services • DRHS Main Office, 57 St. Paul Street • 428-6755

Biz Kid\$: Ages 14-18.

Interactive, applied business and entrepreneurial education to city youth ages 10-18. The components that make up the Biz Kid\$ program are: Biz Kid\$ Camp: The largest and longest-running component of the Biz Kid\$ program, this week-long camp lays the foundation of entrepreneurship knowledge. Four camps are held throughout the year free of charge to City of Rochester residents ages 10 to 18 and are offered to Monroe County residents for a small fee. Each camp's 20 to 25 youth participants receive useful supplies such as a book bag, calculator, business card holder, writing utensils, and personal business cards as well as breakfast and lunch each day, \$60 fee for non-city residents. **February, 20 - 24, 2023. Contact Na'im Wilcox at 585-428-7098.**



Youth Employment Training: Youth Employment Services welcomes this year's Youth Workers and Interns!

These dynamic young people demonstrated great leadership during the SOOP placement and were offered year-round employment at their job site. Thank you to the City of Rochester, Custo Print, Mind Body Institute, Foodlink, BreatheDeep, Inc., Shayla J's, House of Whacks, Genesee Land Trust, Seneca Park Zoo Society, Mentors Inspiring Boys and Girls, INcontol, and Office of Assembly Member Demond Meeks for providing hands-on career exploration for youth during the summer and beyond. **Contact SOOP@cityofrochester.gov or 585-428-6366**



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RISE (Reach Inside and Strive for Excellence):

Rise is a collaboration of community service agencies working together to reduce teen pregnancies and reduce STD/HIV rates amongst youth. Our team of educators offer youth evidence based curriculum and parent/adult workshops that promote healthy behaviors. Workshops available upon request. **Contact Rise@cityofrochester.gov**



SOAR: SOAR Leadership Team is comprised of youth ages 13 - 18 from the community that meet weekly to receive training in the leadership, self-development tools and increase knowledge and awareness around sexual health. Participants will engage in activities to explore their future goals in areas ranging from career and college exploration to public speaking and life skills. **Contact Rise@cityofrochester.gov**



After School in the Park Program

Fun, food, homework help at a great price! Online registration starts August 15 until all spots are filled and then you will be added to the waitlist. Monday-Friday from 2 - 6 p.m., September 7 - July 23. \$60 week per youth fee. Ages 6 - 13. **Contact Daneria.Chambers@cityofrochester.gov for more information.**

All programs run from December 5 – March 4 unless otherwise noted.

BECOME A JUNIOR LIFEGUARD!



Learn what It takes to become a Lifeguard in your community!
The City of Rochester Junior Lifeguard Program (boys and girls, ages 14 & 15) is designed to do just that!

You will learn: basic lifeguarding/swimming skills • job requirements
• emergency action plan • CPR/first aid/water rescues • and more

When: • Dec 2022 - Jan 2023: Application interviews
• Feb 2023: Job training • Mar - May 2023 On-site Internship

**For more information, call 585-428-6366
or email Soop@cityofrochester.gov**

Vibez Club: The goal of the SRAE initiative is to support and enhance youth’s social-emotional development and delay onset sexual activity through medically accurate and age appropriate curriculum, positive relationship with caring adults, and engaging exploratory weekly clubs. The highly skilled and trained SRAE facilitators host weekly Vibez clubs at individual sites where youth will participate in engaging fun activities such as dance, cooking and nutrition, science exploration, and creative arts. All SRAE participants will receive the “Making a Difference” (8-Week) age appropriate and medically accurate curriculum that empowers young adolescents to change their behavior in ways that will reduce their risk of pregnancy and HIV or other STD infection. Curriculum participants will build skills in goal setting, decision making skills, identify healthy relationships, gain a sense of purpose and high self-esteem in an effort to delay the onset of sexual activity. [Contact Rise@cityofrochester.gov](mailto:Rise@cityofrochester.gov).



Vibrant Literacy: Ages K-5 Vibrant Literacy is a program that serves students who are at below grade reading level by building key literacy foundation skills like fluency, decoding and comprehension. Limited spaces, to register or for more information contact: [Alvin Simpson](mailto:Alvin.Simpson@cityofrochester.gov) at 585-428-6922 or email alvin.simpson@cityofrochester.gov

My Brother’s Keeper (MBK): A group dedicated to empowering young men through programming that promotes brotherhood, cultivates leadership and supports young men to achieve their full potential. Activities include weekly meetings, field trips, and city-wide gatherings. [Contact ROCMBK@cityofrochester.gov](mailto:ROCMBK@cityofrochester.gov). or 585-428-7937.



Mayor’s Youth Academy (MYA): We are currently recruiting for the Mayor’s Youth Academy. This is an internship program for youth in grades 9-12 that will focus on leadership, job readiness, civic engagement and career development training. These youth receive a stipend throughout the year. [Contact Tremain.Harris@cityofrochester.gov](mailto:Tremain.Harris@cityofrochester.gov)




FIND THE PERFECT SUMMER JOB!

SAVE THE DATE!

Preparation starts NOW!
Applications open on February 1, 2023

At the time of application, youth must have a current work permit, official report card, photo ID, and Social Security card. For work permits and photo IDs, please contact your school for more.

Eligibility: Ages 14 - 20, currently in middle school, high school, or a TASC program. Students who graduate summer of 2023 are eligible to apply. This program is not for college students.

Visit rocsummeryouth.com for updates

Call (585) 428-6366

YOUTH SERVICES



Aquatics

Adult Swim Lessons: Ages 18 and up. \$32 fee
Jan. 1 – Feb. 14, 7 p.m.

Baby and Me Swim Lessons: Ages 5 and under.
Jan. 1 – Feb. 14, 6:15 p.m.

Youth Swim Lessons, level 1 - 6: Ages 6-17.
Jan. 6 – Feb. 17, 5:15 – 6:45 p.m.

Youth Swim Lessons, level 1 - 6: Ages 6-17.
Jan. 7 – Feb. 18, 10:15 – 11:45 a.m.

Contact Mike.corey@cityofrochester.gov
Trenton and Pamela Jackson R-Center
485 N Clinton Ave., 428-7476

Athletics

Love-15 Tennis: Ages 7-17. FREE. This program teaches tennis skills while developing values.
Jan. 14 – Mar. 18, 1 – 3 p.m.

Contact Mike.corey@cityofrochester.gov
Trenton and Pamela Jackson R-Center,
485 N Clinton Ave., 428-7476

RocHoops Basketball Men's League: Ages 35+
\$650 fee, Jan. 17 – Mar. 6 & 7, 8 p.m.
Contact rocsporny.com.
Thomas P. Ryan R-Center
530 Webster Ave., 428-7828

RocHoops Basketball Coed League: Ages 18+
\$650 Fee Jan. 19 – Mar. 6 & 7, 8 p.m.
Contact rocsporny.com.
Thomas P. Ryan R-Center
530 Webster Ave., 428-7828

R-Sports City Basketball League: Ages U12-15.
Looking for teams? Contact your local R-Center.
Mar. 13 – Apr. 14, 6 – 8 p.m.

R -Sports Youth Baseball League: Ages 8-10.
Mar. 13 – Apr. 14, 6 – 8 p.m.

Contact jamar.gray@cityofrochester.gov
Thomas P. Ryan R-Center
530 Webster Ave., 428-7828

Youth Athletics

R-Sports City Basketball League: Ages U12-15.
Looking for teams? Contact your local R Center.
Mar. 13 – Apr. 14, 6 – 8 p.m.

R-Sports Youth Baseball League: Ages 8-10.
Mar. 13 – Apr. 14, 6 – 8 p.m.

Contact jamar.gray@cityofrochester.gov
Thomas P. Ryan R-Center
530 Webster Ave., 428-7828

R-Sports Rochester City Soccer League Youth Indoor Soccer League: Ages 4-18.
Jan, 17 – Mar. 11, 6 – 8 p.m.

Contact jamar.gray@cityofrochester.gov
nicole@rochestercitysoccerleague.org

R-Sports Roc E 6 Youth Lacrosse: Ages 8-18.
Apr. 1 – June 16, 6 – 8 p.m.

Contact jamar.gray@cityofrochester.gov
or Art Alvtut roce6art@gmail.com
Thomas P. Ryan R-Center
530 Webster Ave., 428-7828

Rochester Community Sports Complex, 460 Oak St., 428-6841

R-Sports Football Skill Training:

Ages 8-18., Jan. 9 - Feb. 26
Mon. & Fri. 6 - 8 p.m. • Sat. & Sun. 10 a.m.-12 p.m.

R-Sports Lacrosse Skill Training:

Ages 8-18., Jan. 10 - Mar. 30
Tues. & Thurs. 6 - 8 p.m.

R-Sports Rugby Skill Training:

Ages 8-13., Jan. 11 - Mar. 29 • Wed. 6 - 8 p.m.

R-Sports Baseball Skill Training:

Ages 8-18., Jan. 10 - Apr. 1
Tues. & Wed. 6 - 8 p.m. • Sat. 10 a.m. -12 p.m.

R-Sports Pee Wee 3 on 3:

Ages 7-9., Mar. 12 - Apr. 9 • Sun. 10 a.m.

Athletic Skill Development/Academic Support:

Ages 8-18. Ends May 12 • Mon.- Fri., 4 - 6 p.m.

Strength Conditioning/Cardio Fitness Training:

Ages 14 - Adult. Sept.17 - Nov. 27
Mon.- Fri., 10 a.m. – 9 p.m. • Sat. & Sun. 10 a.m. – 6 p.m.

RCSL (Rochester City Soccer League)

Monday Practices/ Wednesday Games

Ryan R-Center: 6 and 7 p.m., ages 6-7
Cauldwell R-Center: 6 and 7 p.m., ages 8-10
Gantt R-Center: 6 and 7 p.m., ages 11-13

Tuesdays Practices

Willie Lightfoot R-Center: 6 and 7 p.m., high school

Thursday Games

Douglass R-Center: 6 and 7 p.m., high school

Friday Practices

Jackson R-Center: 6 and 7 p.m., girls

Saturday Practices

Sports Complex: 12 and 1 p.m. ages 4-5



Athletics and Aquatics

Human Services Bureau

The **Office of Crisis Intervention Services (CISU)** is a unit of the City's Department of Recreation and Human Services. The CISU is made up of three teams:

- The Homicide Response Team (HRT) • Person in Crisis Team (PIC) • Community Support Team (CST).

Crisis Intervention Services has many community partnerships including the Rochester Police Department, Pathways to Peace, Monroe County FIT Team, Willow and other community service providers, to ensure that the best help is available.

PERSON IN CRISIS TEAM

- Available assistance 24/7
 - Caring Behavioral Health Professionals
- Connections to services
- Follow up support

CALL 211  **PERSON IN CRISIS TEAM**

COMMUNITY SUPPORT TEAM

- Compassionate counselors available to answer questions
 - Connection to community resources
- Assistance with applying for funds (if you qualify)

CALL 585-428-6630

HOMICIDE RESPONSE TEAM

- Comprehensive Community Response
- Immediate on site support
- Access to services and resources
 - Support for neighbors and intervention services to prevent retaliation or continued violence

CALL 585-428-1303

ADULT WORKFORCE DEVELOPMENT

- Providing city residents with connections to exciting career fields
 - 1:1 Coaching
- Links to community resources
- Connections to industry-driven education, training, employment, and more

CALL 585-428-8698

COMMUNITY DROP IN CENTERS

<p>City of Rochester residents can stop by these local churches for information and community support services. The Community Support Counseling Team, Pathways to Peace, and P.I.C. Teams will be on-site.</p>	<p>1st and 3rd Wed. of each month, Noon–2 P.M. Dec. 21, 2022: New Progressive Cathedral C.O.G.I.C Jan. 4, 2023: Mt. Vernon Missionary Baptist Church Jan. 18, 2023: New Progressive Cathedral C.O.G.I.C., 410 Chili Ave. and Mt. Vernon Missionary Baptist Church, 351 Joseph Ave.</p>
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For more info., contact: camille.simmons@cityofrochester.gov

HUMAN SERVICES BUREAU

Rochester Animal Services • 184 Verona Street • 428-7274

Rochester Animal Services (RAS) is committed to serving people and animals to create safe neighborhoods, support the human-animal bond, save and enhance lives. One of the most impactful things you can do right now to help support our mission is to become a foster caregiver. Vist AnimalServices@cityofrochester.gov Monday - Saturday, 10 a.m. to 3 p.m. Adoptions and visitations end at 2:30 p.m. Closed Sundays.



ROCHESTER ANIMAL SERVICES

70%  **of lost dogs are found less than a mile from their home and 42% are less than 400 feet.**

Rochester Animal Services is asking city residents that find lost dogs – who appear friendly and healthy – to keep them in the neighborhood where they’re found rather than bring them to the animal shelter. With the City shelter already at capacity and other area shelters full or nearly full, we need to work together as a community to get these lost pets home to their loved ones. If you find a lost dog:

- Visit the City's Found A Pet page at cityofrochester.gov/foundapet and review the Found Pet Resource Packet.
- File a found report with Rochester Animal Services on that web page. Go to any vet, NSC Office, City R-Center or several Pet Supplies Plus locations to get the dog scanned for a microchip. Contact the owner if the dog has a registered chip or identification on their collar.
- Post the dog's picture and where they were found to Facebook lost and found pets groups in your area, Nextdoor, Craigslist, other social media platforms and use Petco Love Lost facial recognition tool.
- Post found dog signs in the immediate area where the dog was found.
- If you cannot hold a dog safely in your home, ask neighbors to temporarily house the dog to give the owners a chance to find them.





Shelters are scary to me. Loving homes are not.

By opening your home to a foster pet, you are providing more time and opportunity for the pet to find its new home, while creating space for another at-risk animal at the shelter.

Can you share your home? Call 428-9847 or visit www.cityofrochester.gov/FosterAPet

 **Malik D. Evans, Mayor** City of Rochester, NY
Rochester City Council



JOIN TEAM KINDNESS!



Do you love animals? Do you want to help save lives and support people and animals in our community?

Learn More! Go to cityofrochester.gov/jobs

 **Malik D. Evans, Mayor** City of Rochester, NY
Rochester City Council



For news, updates, and photos, follow us at www.cityofrochester.gov/publicmarket
 Facebook and Instagram @CityofRochesterPublicMarket • Email: PMarket@cityofrochester.gov

City of Rochester Public Market
Open year round!

Tue., Thurs., 6 a.m. – 1 p.m. • Sat., 5 a.m. – 3 p.m.

Holidays at the Market: A Rochester holiday tradition for over 25 years, Holidays at the Market features dozens of holiday-focused vendors (freshcut trees and wreaths, decorations, specialty foods and beverage products, hand craft items and more!)

The Market will be decked out in holiday lights, festive music and have limitless local shopping and unique gift items. Enjoy visits with Santa, horse drawn carriage rides around the Market, and more!

- Sundays, Dec. 4 & 11, 8 a.m. – 2 p.m.
- Thurs., Dec. 15, 6 – 9 p.m.

International Plaza

Parranda: Puerto Rican music tradition that will take place at the Marketa during the Christmas holiday season. Visit cityofrochester.gov/internationalplaza Dec. 17, 1 p.m. – 5 p.m.

Three Kings Celebration: There will be vendors, music entertainment and more. Visit cityofrochester.gov/internationalplaza Jan. 15, 2023, 1 – 5 p.m.



Special Events



Breakfast with Santa:
 Ages 1 - 13.
 Contact mickey.mendez@cityofrochester.gov
 Trenton and Pamela
 Jackson R-Center
 December 7, 10 a.m. – 12 p.m.



Valentine cookie decoration:
 Ages 6 - 13.
 Contact mickey.mendez@cityofrochester.gov
 Trenton and Pamela
 Jackson R-Center
 February 14, 4 – 6 p.m.



Roc Holiday Village:
 Free entry, skating, rentals, Santa visits, Santa photos, crafts and more!
 Visit: rocholidayvillage.com for more information.

Facilities Rentals



Edgerton Stardust Ballroom



Genesee Valley Field House



Lake Riley Lodge



Dr. Martin Luther King Jr. Park, MLK Lodge



Norton Village



Tay House at Cobbs Hill Park

You can rent our facilities for private use—parties, birthdays, reunions and more! The Department of Recreation and Human Services also processes rentals of parks, baseball diamonds, athletic fields, tennis courts, indoor/outdoor basketball courts, ice skating rinks, pools, R-Center facilities and snow shoes.

Edgerton Stardust Ballroom
41 Backus St.
\$425: four-hour increment
\$800: 9 a.m.–9 p.m.,
240 max. dinner style,
400 max. theater style seating.

Genesee Valley Field House
1316 Genesee St. Extension,
Genesee Valley Park
\$125: four-hour increment
\$175: 9 a.m.–9 p.m.
48 people max.

Lake Riley Lodge
100 Norris Dr., Cobbs Hill Park
\$250: four-hour increment
\$450: 9 a.m.–9 p.m., Weekend
rental only, 125 people max.

**Dr. Martin Luther King Jr. Park,
MLK Lodge, 353 Court St.**
\$350: four-hour increment
\$650: 9 a.m.–9 p.m.,
170 seated max,
300 cocktail style max.

Norton Village, 300 Waring Rd.
\$100: four-hour increment
\$150: 9 a.m.–9 p.m.
50 people max.

Tay House at Cobbs Hill Park
85 Hillside Ave.
\$125: four-hour increment
\$175: 9 a.m.–9 p.m.
50 people max.

* Additional fees will apply for extended hours and holidays.

Call 428-6755 or visit cityofrochester.gov/facilityrental



Explore
Rcentral online
Discover
Connect!



Use your phone to scan the code and get started!

- **Search, view, explore, enroll and pay for** recreation programs, camps, leagues, activities and more!
- **View, reserve and pay for rental facilities** including lodges, ballfields, courts, rinks and other recreation amenities.

Questions? Call (585) 428-6755



Follow Us: www.facebook.com/ROCDRHS • www.twitter.com/DRHS585 • www.instagram.com/recreationandhumanservices

 **Malik D. Evans, Mayor**



City of Rochester, NY
Rochester City Council